



# NC-TOPPS SNAPSHOT

## PROVISION OF ASSISTANCE

The state's public system that serves and supports individuals with mental illness focuses on the whole person. This comprehensive approach facilitates recovery and/or self-determination and is considered the best way to assist consumers in living successfully in communities of their choice. NC-TOPPS, a web-based system for gathering outcome and performance data, provides information on how well these needs/desires are addressed.

**Chart Description.** The chart to the right provides a statewide glimpse of supports that adults with severe mental illness stated were very important at their Initial Interview and subsequently received during the first three months of treatment.

At intake, supports such as **transportation** (37%), **relationships** (51%), and **medical** (59%), were ranked as very important by the greatest percentage of consumers. By the three month update, 26% had received medical care, 20% received relationship-building supports, and 2% received help with transportation.

Other issues important to consumers (living setting, housing, food, financial, and crisis services) were typically rated as very important by approximately one-third of consumers. By the three-month update, all other services considered important were still needed by most consumers.

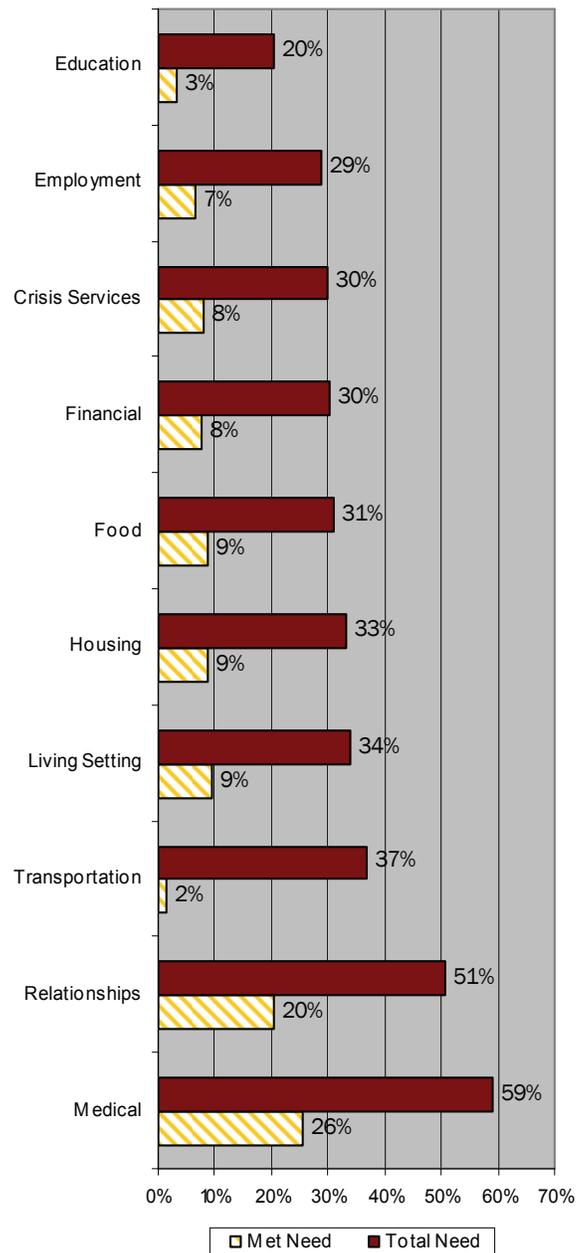
### Consumer Demographics.

- Almost half of all Adults with Severe Mental Illness were Caucasian females (40%) followed by Caucasian males (21%) and African American females (21%).
- One-third of the consumers were females age 31 to 50.
- Fifty-two percent of consumers had a diagnosis of major depression at the three-month update.
- A sizable portion (60%) of consumers attended scheduled treatment sessions most or all of the time during the first three months of treatment.

### Dialogue Questions:

- What resources are available to address the ongoing need for services like transportation, education, and employment?
- What partnerships exist between those in the mental health communities and other communities to address consumers' need?

**Adults in Mental Health Treatment with Severe Mental Illness (AMSMI) Services Needed at Initial Interview and Received by the 3 Month Update (n=6761)**



TIME PERIOD: INITIAL ASSESSMENTS CONDUCTED JANUARY 1, 2006—DECEMBER 2006 MATCHED TO THE 3 MONTH UPDATE THROUGH JUNE 2007  
 SOURCE: NC-TOPPS ADULT MENTAL HEALTH WITH SEVERE MENTAL ILLNESS (AMSMI) POPULATION—STATEWIDE